- \*Send a Secret Valentine.
- \*Feed the Birds.
- \*Watch the Clouds.
- \*Watch a Nature or History
- Documentary.
- \*Frame a Favorite Photo.
- \*Smile a lot.
- \*Count your Blessings.
- \*Friend Someone New.
- \*Observe the Speed Limit.
- \*Conduct a Family Emergency Drill.